



*Encouraging today's youth to use the Art of Drumming to cultivate personal development, discipline and leadership that transfers into classrooms, community, and the world.*

➤➤➤ Heart and Soul Drum Academy



If you have a heartbeat, then you have rhythm!

Tel: 612.756.8785

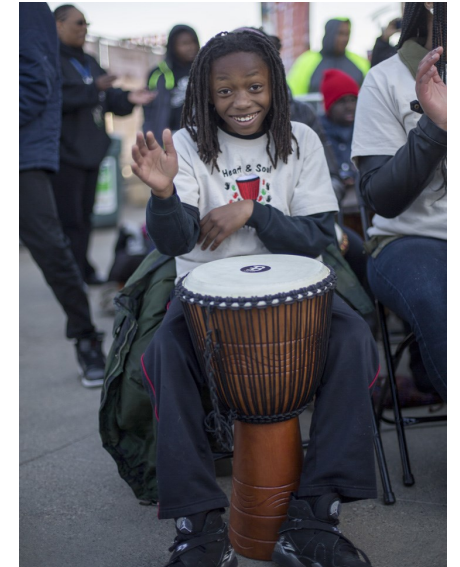
## ‘Drumming to the Beat of Life!’

Heart and Soul Drum Academy is an educational non-profit organization in the Rondo Community of St Paul, Minnesota. We use the Djembe hand drum to express our creativity in drum circles. Some drummers are the steady bass beat, others range their tones, and the rhythmic makers accent the beats by slapping the drum to bring the bass and tone into a syncopated harmony of rhythm.

The seamless rhythm of creative arts in our schools and communities provide boundless opportunities to create conversations, establish healthy relationships, set a dreamer on his/her path for greatness, soothe the soul and more.

With every tap of a beat, we are tapping into the Heart and Soul of our beings in common + unity.

Drumming is that universal language called music. It expresses the creativity in our hands, that ministers to our heart and soul.



Heart and Soul Drum Academy  
501©(3) nonprofit educational organization

247 Grotto St N.  
St Paul, MN  
55104  
612.756.8785  
247 Grotto St. N  
St. Paul MN 55104  
heartandsouldrumacademy@gmail.com  
www.heartandsoulmn.weebly.com

# Heart and Soul Drum Academy...



This young girl had never heard of a shaker and had little confidence she could make rhythm with it eight months before her Target Field debut. “Oh my God! This was so much FUN! Can I play this forever?” She beamed. To us that is Heart & Soul.

Teaches and mentors drumming, dance, rhythm and percussion beats to youth ages 3-18. Programs are funded by private donations and contributions from public organizations who book the Academy for performances.

There are no out-of-pocket fees for students and parents. We hold bi-annual fundraisers through bake sales, benefit concerts, BBQ sales and carwashes.

Since our inception, no child has ever had to worry about arts at a fee. We will continue this meaningful engagement of the heart for our youth through your generosity and others like you who understand the needs for community arts programs, and help with raising our children to be positive contributors to our society at-large.

## Moral Advisors Bob & Rita Picard

We realize it takes a village to raise our children. We want them to become safe, gatekeepers of our communities to come. Helping them to learn the value of respect—for self and others is at the heart-beat of what we do. We help to instill morals such as integrity, compassion for others, unity among our differences and the strive for personal academic excellence and development. All of our drum and dance students are scholars, maintaining an A or B average. They are buddy-mentors in their classroom, helping others to perform at their highest level possible.



“Girl Power Hour!”



## Life Skills Coach

### Sunnie Mason

remembers being a young girl and early young adult, living without a

lot of positive influences to help her learn daily life skills such as budgeting, maintaining a positive checking account, tapping into community resources to help her with life issues. Now she’s that person she always wanted someone to be for her. Sunnie volunteers her time at Heart and Soul Drum Academy to help the young people learn to be an advocate for themselves; in the classroom, at school functions and other places young people interact with their peers. Her goal is to allow the youth to find their voice by creating safe space for them to communicate their concerns either verbally or artistically.

## Donors Drive our Drummers, Dancers & Shakers

If at the end of every day, (365), you found \$2.00 in spare change, in your pocket, purse or wallet, and 14 of your friends, family or co-workers did the same, you would help finance 15 students through the Heart and Soul Drum Academy for one year. Can you spare some change to change a child’s life?

☐ Yes, count me in! \$2.00 x 365 days

☐ I’d rather give a one-time donation.  
Here’s my check for \$\_\_\_\_\_.00

☐ I can give more than \$2.00 per day.  
I pledge \$\_\_\_\_\_ to be mailed per month.

Please send my tax-deductible contribution letter to:

Name: \_\_\_\_\_  
Str. Addr: \_\_\_\_\_  
City: \_\_\_\_\_  
State/Zip: \_\_\_\_\_ - \_\_\_\_\_

**Thank you for your generous gift!**

## Heart ~ Encouraging Youth Soul ~ Instilling Values Rhythm ~ The Beat of Life!



‘If you have a heartbeat, then you have rhythm.’ ~Unknown



“Because you have rhythm, you have life.” ~ Baba Jesse

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